



# PALM CROSS

## INSTRUCTIONS

### **Gather your Palm leaf blade:**

- a) Gently tear/snap/cut a suitably flexible palm blade from the palm stalk.
- b) Tear your working strip away from the centre vein.

### **Here's how to do it...**

*\*Start with the first fold 1/3 of the way along your palm leaf blade\**

**Step 1:** First, hold the palm branch in your hand (direction across your body, not up and down)

**Step 2:** Fold the right end (A) of the blade towards yourself then upwards at a 90-degree angle to form a right angle and then crease.

**Step 3:** Now fold the same blade(A) down behind, finishing level with the other blade (B) and crease.

**Step 4:** Continue folding the same blade again, this time around in front, coming up, finishing with the end (A) facing up. Crease. You are finished with (A) for the moment.

**Step 5:** Take the blade on the left (B) and fold towards yourself going to the right, over the front and crease when level with the other workings.

**Step 6:** Continue with blade (B) and loop the end behind the workings (do not crease). At the back of the workings you will see a pocket made by (A)'s first fold. Feed the end of (B) through the back-fold pocket until it comes out the other side.

**Step 7:** Pull it all the way through.

**Step 8:** Gently tug until it is locked in position. Crease. It will look like an "L" in reverse.

**Step 9:** Go back to blade (A)...top one. Loop the end towards yourself and feed it through the front pocket-fold but only go as far as your desired length for the top of the cross (about 1/3 of the finished length). Do not crease!

**Step 10:** You just made the top of your cross.

**Step 11:** Flip your cross over so that blade (B) is now on the right side.

**Step 12:** Take the end of the blade (B) and loop it towards you and in through the front pocket-fold.

**Step 13:** Pull it until it reaches about the same length as the head of the cross that you previously made with blade (A).

**Step 14:** Flip the cross once more.

**Step 15:** Last, take the end of blade (B) and loop it towards you and feed it back along itself until it appears inside the other cross arm loop. Ease it along until its loop is about the same length as the other two parts.

**Step 16:** Cut any excess length off and square it up. (Trim the base to proportion only if needed)

